



50 Uses for Nutri-Rich Oil

Your must-have multi-use miracle in a jar!

1. Face moisturiser
2. Overnight hydrating mask
3. Soothing serum for sensitive skin
4. Under-eye treatment for fine lines
5. Lip balm
6. Cuticle treatment
7. Highlighter for cheekbones (natural glow!)
8. Brow tamer
9. Healing balm for chapped skin
10. Primer before makeup
11. Hand cream replacement
12. Dry elbow softener
13. Knee moisturiser
14. Foot balm for cracked heels
15. Massage oil
16. After-sun soothing treatment
17. Pregnancy belly oil
18. Stretch mark prevention
19. Tattoo healing oil
20. Shaving rash soother
21. Hair serum for dry ends
22. Scalp treatment for dryness
23. Frizz tamer
24. Hair mask (apply before shampooing)
25. Tame flyaways with a tiny dab
26. strengthener
27. Cuticle softenerNail polish barrier (apply around nails before painting to prevent mess)
28. Nail strengthener
29. Cuticle softener
30. Nail polish barrier (apply around nails before painting to prevent mess)
31. stubborn lipstick
32. Soften dried-out cream makeup products
33. Add glow to matte foundation
34. Turn powder highlighter into a ream
35. Calm eczema patches
36. Soothe dermatitis
37. Heal minor burns or skin irritations
38. Calm insect bites
39. Treat windburn
40. Soothe post-waxing redness
41. Surgical scar healing
42. Help heal small scratches or grazes
43. Nipple balm for breastfeeding
44. Belly oil to soothe tight, stretching skin
45. Gentle baby massage oil
46. Cradle cap treatment (on baby's scalp)
47. Nappy rash soother
48. Smooth zippers (yes, seriously!)
49. Rescue dry nose after a cold
50. Hydrate and bring the colour back to old tattoos